



TRAVEL WITH TODDLER

On the plane

- ☐ Passport documents
- ☐ Snacks (cookies, apple, berries, smoothies)
- ☐ Bonus snacks (lollipops, gummy bears, pretzel sticks)
- ☐ 2 baby bottles (for take off/landing)
- ☐ Nasal drops for take off and landing (30 min prior)
- ☐ Diaper changing mat (if still needed)
- ☐ Diapers (if still needed)
- ☐ Wet wipes
- ☐ Soft blanket
- ☐ Small books / pixie books
- ☐ Tip Toi book and pen
- ☐ 1 extra set of clothes
- ☐ Ipad (with movie downloads and games)
- ☐ Head phones (ideally noise cancelling)
- ☐ JetKids BedBox (when child has own seat)
- ☐ Neck pillow

At the beach

- ☐ Water wings
- ☐ Summer hat
- ☐ Sunglasses
- ☐ Sun screen SPF50
- ☐ Multi-use blanket (for cover, shade, towel)
- ☐ Beanie, if it can be windy
- ☐ (reusable) swim nappies
- ☐ Swim wear

On the go/ in the hotel

- ☐ Stroller with sun/rain cover
- ☐ Stroller transport bag
- ☐ Diaper back pack (much better than a hand bag)
- ☐ Age-appropriate mosquito protection
- ☐ Tooth brush/tooth paste
- ☐ Leak-proof drinking bottle
- ☐ Diapers (if still needed)
- ☐ Disposable diaper bags
- ☐ Laundry powder
- ☐ Dish wash (for milk bottles)
- ☐ Enough clothes (but keep in mind you can also wash clothes)
- ☐ Toniebox + Tonies
- ☐ (wipeable) coloring book

First-aid kit*

- ☐ Painkiller for toddlers
- ☐ Fever medicine
- ☐ Nasal spray or drops
- ☐ Waterproof plasters
- ☐ Wound spray
- ☐ Eye drops for eye inflammation
- ☐ Healing ointment cream
- ☐ Clinical thermometer
- ☐ Electrolyte solution
- ☐ Tweezers
- ☐ Emergency medicine for croup cough (if your child suffers from it regularly)

*this is no medical advice, just my personal experience

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